

Elevate Your Attitude

31 Power Statements for Daily Inspiration

- 1 Be proactive.**
Make things happen.
- 2 Confidence is key to better performance.**
Visualize success.
- 3 Find joy in the journey.**
Life is an adventure, enjoy the ride.
- 4 Let the past refine you, not define you.**
Turn your wounds into wisdom.
- 5 Develop inner strength.**
Confidence on the outside begins with integrity on the inside.
- 6 Be single-minded.**
Distraction is the enemy of greatness.
- 7 Get comfortable with the uncomfortable.**
Safe is a dangerous place to be.
- 8 Fall in love with the process.**
Life is often won behind the scenes.
- 9 Be a craftsman, not a carpenter.**
Average is overrated.
- 10 Make each day a masterpiece.**
Live in day-tight compartments.
- 11 Experience the joy of discipline.**
When you are tough on yourself, life becomes easier.
- 12 If it doesn't challenge you, it doesn't change you.**
Push past hard.
- 13 There is more in you than you know.**
Demand great things of yourself.
- 14 Play offense in life.**
Think thrive not survive.
- 15 You have to go through awkward to get to awesome.**
Everything is hard before it is easy.
- 16 It's not about how high you jump but how straight you walk.**
Success is not an event, but a daily process.
- 17 Personal change starts with identity.**
Think of yourself as the person you want to become.
- 18 Live with intention, intensity, and intelligence.**
Attack life.
- 19 Bring your A game.**
Others are depending on you.
- 20 Win the moment.**
Excellence is the next 5 minutes.
- 21 Excellence is its own reward.**
The size of the crowd doesn't determine the size of your performance.
- 22 Seek to be elite.**
Live at a higher level.
- 23 We work best on mission.**
Set BHAGs: Big, Hairy, Audacious Goals.
- 24 Make the best of any situation.**
Life is 10% what happens to you and 90% how you respond to it.
- 25 Decide to be unoffendable.**
Don't put the keys to your happiness in someone else's pocket.
- 26 Have a bias for action.**
Conditions will never be just right, get moving.
- 27 Don't get too high or too low emotionally.**
Maintain your poise regardless of the situation.
- 28 Be quick, but don't hurry.**
No hurry, no haste, but plenty of hustle.
- 29 Live with focused energy.**
The successful person is the average person, focused.
- 30 Be lean and mean.**
Be smart with your thoughts, actions, and speech.
- 31 Keep your eye on your prize.**
Be like a heat seeking missile.